

*Heal the Broken
Hearted*

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By: Cherie Sheridan

Scripture references KJV

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Introduction

Luk 4:18 The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised, To preach the acceptable year of the Lord.

There comes a point in our lives as believers that we mature past our own hurts and pain, to the point we can actually hear others. It is at this point where the Lord can use us to heal the broken hearted. Until our hearts are healed, we will be unable to hear the wounds of others crying out from their hearts.

As we look at Luke 4:18 there was a sequence in which the Lord spoke.

First He was anointed to preach the gospel to the poor. Second, he was sent to heal the broken hearted, to preach deliverance to the captives.

Deliverance in the Kingdom of God is when He extends His hand towards us and gives us victory over the things that have been defeating us.

Heart Chambers

When people have wounds in their hearts they are held captive by those wounds. Our spiritual heart has many chambers or rooms in it. It is filled with experiences of our lives.

Eze 8:12 Then said he unto me, Son of man, hast thou seen what the ancients of the house of Israel do in the dark, every man in the chambers of his imagery? for they say, The LORD seeth us not; the LORD hath forsaken the earth.

What are the chambers of our heart? Where can they be found?

Ezekiel 8:12 tells us that the chambers are in our imagination or memory. The place where the events of our lives are recorded. Ephesians 1:18 refers to the eyes of our understanding.

This is a place in us where life's experiences will give us a perspective to how we view the world and life around us. Too often this perspective is skewed or out of plumb with God's truth. We imagine a thing is a certain way and so it is to us. We become locked-in to these false truths and become trapped by them. The passage in Ezekiel goes on to say that the imagination or heart of the individual lies to them and tells them that God does not see and He does not care. This, however, is not true. God does care and He does see.

It is not always easy to discover the hidden wounds in the heart. They have been there for so long that they have

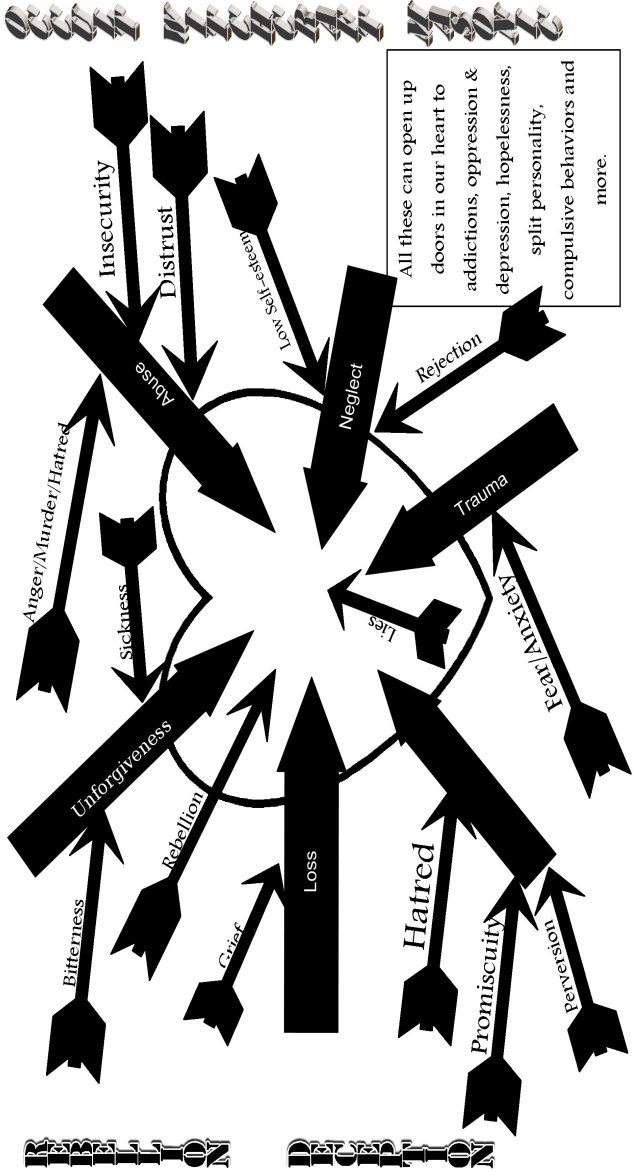
become a part of us. We see everything through these wounds.

These wounds get stuffed into our heart, down deep in a hidden chamber.

Good and bad experiences are recorded in these chambers. We cannot go forward or break free from negative cycles in our lives until these areas are dealt with.

The following diagram shows how things can enter into our hearts and the additional wounds, behaviors and manifestations that can come from these arrows.

**THINGS THAT CAN BE HIDDEN IN OUR HEART THAT EFFECT THE WAY WE PERCEIVE LIFE AND PEOPLE.
BETRAYAL*HATRED*UNFORGIVENESS*MIND FOG*LIES*FEAR*ANXIETY*ADDICTION*MURDER*PRIDE**



ABUSE*NEGLECT*SICKNESS*BITTERNESS * RAPE*DEATH*ANGER*ACCIDENT*LOSS*TRAUMA *ABANDONMENT*AFFLICTION

What's your heart saying?

Words of the Heart

How do we discover what is hidden in our hearts?

*A good man out of the good treasure of his heart bringeth forth that which is good; and an evil man out of the evil treasure of his heart bringeth forth that which is evil (**mad, grievous, diseased, ill**): for of the abundance of the heart his mouth speaketh. Luke 6:45*

What are we expressing?

We are constantly speaking what is in our heart. Whether we realize it or not, our speech is telling more of a tale about us. Our actions, the inability to break free from certain bad habits or addictions can be tied to wounds in our heart. Many times we don't hear other people's wounds because the wounds in our heart are speaking louder than our ability to hear theirs.

What do you constantly talk about? A divorce? How you were treated as a child?

Many times, when people are talking about topics in their hearts they address it matter-of-factly, as though it is not really bothering them now. But is it. Just listen.

Ask someone who is around you a lot if they notice you talking about a certain topic over and over again. Don't get offended when they tell you. Just listen and if it hurts your heart to hear it there is a wound there.

We are told in Matthew 7:3 to get the beam out of our own

eye. Which is another word for our spiritual heart. We cannot help others until we first allow God to remove the obstructions; wounds, attitudes, perceptions, hurts...beams in our hearts.

Before you move forward to the next chapter I want to warn you. The questions you will read may trigger a response in you. You may need to cry, moan, groan, scream or get a big lump in your throat, or a pain in your chest. You may start sneezing or yawning, passing gas, feel the need to vomit or go to the bathroom. These are all responses to something in you being touched.

Don't try to stop these responses. Just yield to them, let them pass through you. When it's done, take a deep breath and exhale. Now ask the Holy Spirit to come in and fill that place.

If you have no response, that's fine too. Just know, that later on things can slowly trickle to the surface. If you start feeling moody and touchy, understand that there is a spiritual surgery taking place in your life.

Then again, you may not have any wounds or issues that Holy Spirit wants to deal with. At least, at this time.

How's Your Heart Questionnaire

What is your general outlook on life?

Optimistic or Negative

Express why:

I feel _____

Are you finding fulfillment in your life? Yes or No

Would you say you are: Living life or just existing?

What are things that give you joy in life. List some.

Do you know your purpose? Yes or No

Why are you here (on earth)?

What do you believe you were created to do?

Are you accomplishing your purpose? Yes or No

Do you know who you are? _____

Do you have un-forgiveness in your heart toward others?

Yes or No

Do you have un-forgiveness in your heart toward yourself?

Yes or No

Do you have regrets about your past? Yes or No

What kind of regrets? _____

Do you believe other people have stopped you from fulfilling your destiny? Yes or No

Are you blaming yourself for past mistakes? Yes or No

*The following are very personal questions. They are for you to answer to yourself. Please **do not** write the answers down.*

Did you have a traumatic event (accident, death of a loved one, childhood sickness, molestation, abuse, separation from loved one [parents divorced]) when you were young?

Were you old enough to remember these experiences?

If it was abuse or rape was this a constant event in your life?

If you had a parent leave; did you feel abandoned? Rejected? Betrayed?

If you were abused, did this abuse seem to reoccur

throughout your life?

Does it seem like everyone ends up abusing you?

Does it seem like people are rejecting you? Leaving you? Betraying you? No matter how many times you try to change your circumstances? No matter where you go people end up treating you the same?

Does it seem like you can never live up to the expectations of others?

Are you a rescuer? Do you feel like you need to help or save everyone else, yet your life is a mess?

Do you depend on others to give you your identity? Or do you know who YOU are?

Are you easily manipulated into doing things you really don't want to do to please others?

Do you care what others think about you?

Do you consider yourself to be an Extrovert (outgoing, loud, attention-getter, opinionated) or an Introvert (quiet, timid, shy, un-opinionated)?

Are the things you do dangerous to yourself or others?

Are you ANGRY?

Do you take this anger out on yourself? Or Others?

Do you take drugs or alcohol to deal with your feelings?

Do you want to feel numb? Do you want to escape [bad memories, feelings, life?

Are you self-destructive?

Do you sabotage yourself?

Are you afraid that things might not go good for you, so you mess them up before they can.

Are you afraid? Of life? Of being alone? Of the dark? Of success? Of failure? Of being hurt again? Etc...

Do you feel stuck? Unable to make changes? Incomplete?

Have people always called you names? Looked down on you? Tell you you would never be anything?

Do you find yourself talking about the same things over and over?

Are you like a soap-opera? People could not see you for months and then see you and you are still on the same topic you were six months ago? Stuck in a rut?

Now that you have gone through this list; memories, pictures and events have come into your mind. Some will have been good and many will have been bad. These memories are the key to your freedom! Yes even the bad ones.

Luke 4: 18 says, "He has sent me to heal the broken hearted"

We must first recognize that we are broken before we can be healed. The purpose of remembering your past events in life was to get to the root of why you feel the way you feel now. Once these are dealt with we can move forward and live in our present and look forward to our future as a whole complete person. Our past will be able to be kept in the past and no longer influence our present or future negatively anymore.

"A good man out of the good treasure of his heart bringeth forth that which is good; and an evil man out of the evil treasure of his heart bringeth forth that which is evil: for out of the abundance of the heart his mouth speaks." Luke 6:45

Evil treasures in the heart are all the wounds, bad experiences and memories that reside there. We must replace these evil treasures with good treasures. What is coming out of your mouth?

Seeing our own Heart

Seeing our own heart is an introspective process between you and the Holy Spirit.

This is not about re-hashing or re-living old memories. It is going to require you to be still before the Lord. After having gone through the Heart Questions you may have already been stirred in your heart regarding something that has been hidden there whose time has come to be exposed. The Lord wants to liberate you.

You will most likely have an image or impression of an event, a feeling, a vow that had occurred in your past. The Holy Spirit is shining His light on it so you can repent, renounce and release this event.

Why do you have to repent? You have to take a different position regarding this event. Repent means to turn, although this is used with regard to sin, when we repent in this instance we are making a stance against this event's influence upon us from now on.

We renounce or break covenants and agreements with how this event has affected our lives. We give up our right to have justification of our current behavior based upon this previous event. It no longer matters what was done to us or what we did to others. We are breaking covenant for this to hang over our lives and influence it from this point forward.

We release. We let it go. Another way would be to say we forgive. Forgiveness is to push the offense away. We choose by an act of our will to push this out of our lives.

We release it into the Hands of God.

Now we must replace. We must now fill this void with the presence of the Holy Spirit. Take a deep breath release and then ask the Holy Spirit to come in and fill that place in your heart.

You may have to go through this process for different events. You can go through many in one day. When you are in a season of inner healing the Lord's presence will come upon you to help you through.

There may be other things in your heart the Lord may reveal to you that are not wounds but hidden motives or attitudes of your heart. Some of these things could be pretty ugly in the light of God's presence.

Holy Spirit Surgery

Seeking the face of Jesus

We do not want to pull back from the Lord's surgery. However painful it may seem to be, the end result will be healing and wholeness.

Receiving from the Lord is not like going to a fast food restaurant. You can't just snap your fingers and expect God to jump to your beck and call. You must approach Him with reverence and have a heart that is submitted to Him. He is a person. When we draw near to God He will draw near to us. It is during this time that God will perform His deep work within us.

For too long we as the body of Christ have stood in the outer courts of His presence. It's time to move forward. We can no longer have a shallow relationship with Him. When we draw close to God His light begins to shine on us and in us. It exposes things we would not see had we not drawn closer to Him.

Have you ever gone into a dimly lit room? Or a room that has lights that are strobe lights? In this environment many imperfections can remain hidden. A stain on your clothes may not be seen. Turning on the house lights or the bright white lights will expose all the things that were hidden in the dim light. So it is with us.

We can be on the fringe of the outer courts just inside the reach of His light but not in the fullness of His brightness.

If we want the Holy Spirit's help in working in our hearts and lives we must be willing to be exposed to Him. He

does not expose us to others unless He is dealing with an issue or sin we won't repent of.

Nothing is hidden when we stand before Him.

“For nothing is secret, that shall not be made manifest; neither hid, that will not be made known and come abroad.” Luke 8:17

The Holy Spirit's inner workings in our lives are performed with great care and precision. He knows exactly what the problem is and He knows exactly what needs to be done to fix it.

How do we cooperate and work with the the Holy Spirit? The Holy Spirit would have already begun nudging you. You would know that He wants to do something. You may have a dream, hear a word from God directly or through His word. You may suddenly become irritable or weepy for no apparent reason. These are ways the Lord prepares us for His surgery.

If you sense the Lord drawing you, enter into a fast. It doesn't have to be a long fast. Just begin to set yourself aside for God. Turn off the T.V., the radio and the internet.

Find a quiet space for yourself and God to meet. A place where you will not be interrupted. As a matter of fact, pray and bind all interruptions. Bind all deception as well. Invite the Holy Spirit and His Truth to come. You don't have to do much but be still. You may want to pray in the spirit or tongues for a bit. Be led by the Holy Spirit.

If you have to do things during the day just keep your mind and your heart focused toward God. He will show you

what He wants to touch in His time.

The anointing for your healing is already present. All you have to do is receive it. Jesus paid the price for you to be made whole.

As I mentioned earlier, simply reading the heart questions may have brought things to the surface. Give them to God.

Crying, weeping, laughing, coughing, sneezing, vomiting, urinating, deep groanings, passing gas, yawning, blowing your nose; are ways things leave our bodies.

When the Holy Spirit's surgery is complete for that session you will have a peace, sometimes so restful you can fall asleep. You will know that you have been healed because you will no longer experience the pain or emotion attached to the thing that was in your heart. You will be able to review things in your life and see that where in the past something would have bothered you immensely, that now, you do not even give it a second thought. It's gone!

Learning to Listen

When people are talking to me, I start listening with my spiritual ears. The Lord may show me a picture, sometimes very briefly. Usually it is a scene of an event in the person's life. I ask the person, if what I'm seeing has any meaning to them. They say yes. At that point, I say what the Holy Spirit tells me to say. Most often, it is to see them handing this situation to the Lord. Depending on the instance, they might have to invite Him into this room. Generally by this point, the Lord has gently poured out His spirit on the individual where God, Himself is showing them what to do. I lead them in a prayer of forgiveness to God, to the people that hurt them, to themselves. I just act as a midwife.

There is no shouting, no calling demons to come out. It is the gentle surgery of the Holy Spirit. The whole process can be over in less than 10 minutes. Yet, a wound that had kept people bound for many years of their lives has been healed.

I also ask the person, to ask the Lord to show them their heart.

*18. The eyes of your understanding being enlightened;
Eph 1:18*

When I ask people to do this, many times they see a pool of water of some kind. Often-times it is stagnant, or dirty, or filled with scary things. Like the dream that my husband Tom had about the hairy bony fish in the dirty mucky pond. (*Breaking the Chains*)

When God began to heal my heart, I asked Him to show it to me. It was pierced like a chis-ska-bob. It was a bloody mutilated mess. For me, He took that heart and replaced it with a new one. But there were still rooms in my heart that He wanted access to that I had not given to Him.

I am going to be transparent with an incident in my life in the hopes that others will be healed by it. I had been molested as a child at the age of 5 by a relative. My mother, said at that time, she noticed a change in my behavior. She even took me to a psychologist, but couldn't find out what happened to cause me to change.

Years went by. I did not remember the incident. It wasn't until I was in my thirties that the Lord began to show me what had happened. The relative who perpetrated the act was dead. There was no real reason for me to come up with this in the natural. But it was affecting my ability to relate to men and people. God wanted to heal me. He began to show me certain attitudes I had that were wrong. At the time He began to show me, I really didn't know what to do about it. This is how He brought it to light.

I had attended a women's meeting when the minister had struck a nerve in me. She was talking about issues with hating men. I thought to myself, I don't hate men.

I went home and within the next twenty-four hours the Lord revealed what was in me. I was trying to have a discussion on the phone with my ex-husband and he had exasperated me once again. I hung the phone up and out of my mouth, I said, "I hate men!" Well, as soon as those words were expelled from my mouth they came back into my ears and I heard them resounding inside me.

I began crying. It was time, and I was ready to remember. The Lord began to show me what had happened so many years ago when I was 5. He was gentle. I was seeing a memory, as though it wasn't me. It was something I was watching. I didn't have to re-live the pain of the experience. I just had to know it happened so I could release it to God.

No one else around me knew what to do, even if they had discerned something was there. This was in the 1990's when we were commanding the devils to all come out. A wound, however, is not a devil. Devils or demons, do guard them though. They build up a wall of pride first, so that we can't even see that we have a wound. "I'm fine. No, I don't need prayer there is nothing wrong."

God loves us so much He wants us each to be set free. I didn't do anything to deserve being molested. Anymore than I did anything to deserve being set free from its impact in my life. It was God's goodness that led me to repentance, so He could take that away from me and all the sin that accompanied it in my life.

When these acts of violence are perpetrated upon us it impacts us in other areas of our lives. It affects how we view the world, other people and ourselves. We cannot see these things the way God intended us to see. We see it warped and deformed. God wants to heal us so we can perceive the world and the people in it the way He sees them.

I believe because I was so hungry for God and His Truth that His Holy Spirit led me into deliverance. How hungry are you?

If there is a trait in a person that grates on you; that makes you want to put your hands over your ears when they speak. There is a wound. It comes through the sound waves of their voice straight from their heart. Its' crying out. Will you hear me? Help!

If that person is you. I would ask God to help you be set free. If it is someone in your life. Start praying and interceding for them. Fast for them. It is not always necessary to point out what you see in an individual. As a matter of fact, if they are not ready they won't hear you.

The best thing we can do is begin to pray for God's perfect timing to come for their deliverance. We can pray that God will reveal these things to the person in dreams or through other means.

God's Timing

Every time God has had me administer healing to a persons' heart, it's been a divine set-up. You can't just rush in, even if you see a person needs the healing. God has to initiate it. He knows when the person is ready to receive. You can't make it happen any sooner. When it's God it is easy.

As I have state earlier we can fast and pray for God's healing and deliverance to come. We can ask for God's timing, location and deliverance helper (if necessary) to be present.

Just like giving birth, you can't make the baby skip the process. It's comes in God's timing, so will healing and deliverance.

When God uses people

When God starts something, He will also complete it. There are instances when God requires others to be a part of our healing. He has specially equipped them to help you through the process like a trained surgeon. If such a person is necessary God has a way of placing them in our path. We don't need to seek them out. We need to seek after God and He will set things up. You don't want someone whom God has not chosen to help. It's amazing how God does these things. It makes the experience even more wonderful to see how personally God is involved in each of our lives.

I have seen warfare take place in the individual receiving the deliverance. We must be cognizant that we are dealing with spiritual strongholds that demonic forces want to keep in place.

People receiving deliverance may be influenced by demonic forces to say they feel better or that "it's" gone. Pay attention to these subtle deceptions. They will also make the person fall asleep to maintain their control and position in their lives. We deal with this by binding these spirits and their influence in the person. Then we command them to go.

We call the name of the person receiving deliverance and tell them to demand these spirits to go.

I am not trying to make this a "How to" book because it is absolutely necessary to receive moment to moment instructions from the Holy Spirit if you are being used by God to help someone to be set free.

Helpful Hints

I will share some things that I have found to be very helpful over the years in being used as a tool to help others be set free.

1. Be a person who is always ready. That requires you to be a man or woman of prayer. Be sensitive to the leading of the Holy Spirit.
2. Never be pressured by someone. Hear God concerning each person. Know when it is God's timing.
3. Enlist angelic help. Ask for the angels of deliverance to help in the process. If necessary ask the angels to hold the person from being destructive.
4. Make sure you know the “Word of God”.
5. Bind the enemy from speaking or acting through the individual.
6. Cover yourself in the Blood of Jesus.
7. Ask for the gift of discernment and wisdom to be in operation.
8. Stand in your Authority. Don't back down if something begins to manifest. Tell it to go and never to return. The Lord gave me Matt 21:21 “Be removed and cast into the sea.”
9. Look into the individuals eyes. Spirits cannot look you in the eye. They make the eyes dart back and forth or close.
10. Listen to Holy Spirit tell you what you are addressing. Whether it is a wound or a demon. Do what He says.

11. If there are two people in the room, the other person should be quietly praying. Not talking, not commanding, not touching. Praying quietly in the spirit will keep the enemy bound up while the other person administers deliverance.
12. God might have you sing a song. "Song of deliverance" over the person.
13. When you sense that a session has come to an end ask the Holy Spirit to fill all the places vacated. Bind the enemy from returning. Seal it by the Blood of Jesus and by His Spirit.
14. If the person tells you right away they think a stronghold is gone don't believe them. More likely it is the spirit talking trying to get you off track.
15. If someone in the room is struggling with the same thing you are dealing with in another person they may also begin to manifest or be a distraction to what you are doing.
16. It is very important to get people to break agreements with things. For example; a behavior that came as a result of an abuse. Break agreements with the right to exhibit the behavior. Or if a person has received a diagnosis that they have claimed for themselves .."I'm (HDHD, Diabetic, bipolar). Whatever the disability or affliction agreements for it's right to exist in them must be broken.
17. They must repent and break vows they have made concerning themselves or others.
18. Although this form of deliverance is mainly dealing with wounds demons stand guard over the resulting behaviors. Let's say I see a tree in someone the

Lord tells me to uproot. There may be many fruit attached to this tree. Uprooting this tree will cause the demons that feed upon it to be upset for being dispossessed. That's when we forbid them to return and shut every gate, portal and access point into the person's life.

Deliverance is a major part of the ministry of Jesus. We are all called to help others be set free. The more we step out in faith to help others the more adept we become at it. If you are afraid to pray for someone for basic things, you need to start there first.

There are times when ministry can take place in mass. I have experienced this while ministering the Heart Questions to people. Pay attention when this starts. People will begin crying or getting fidgety in their seats. Be sure if this happens you make an opportunity for people to come forward in a group or privately following the meeting for these issues to be dealt with. They are ready. Always ask the Holy Spirit to come and fill the vacant spots. I have seen people be filled with the baptism of the Holy Spirit and start praying in tongues after they were set free.

I know we are entering into a new season in God where He can, by His Grace, completely heal, save and deliver a person with no help on our part. I know that His Glory is available for each one of us to part-take of.

Let us believe God for His highest and best plan for each of us and be ready to be used by Him to help others.

Breaking Soul Ties

What is a soul tie? A soul tie is an attachment of the soul (mind, will and emotions) to a certain place, event, time, song, location, person or object.

People often think of soul ties as attachment to people. One of the most common soul ties comes through sexual intercourse with someone. A piece of your soul goes to them and a piece of their soul comes to you. This is the reasons why certain behavior in us did not exist until after certain relationships took place. There was a spiritual transference. The enemy uses this technique to implant demons into us through these relationships. These demons can manifest in us as sexual perversions, bi-polar, anger, depression, infirmities and more. A sexually transmitted disease in the natural had it's start in the spirit.

Breaking soul ties are not difficult but we must be diligent in completing the process. This is something that can be done individually as things, people, places, events pop up in our mind.

Having a soul tie with someone makes it difficult to move forward from unhealthy relationships. A soul tie with a song will pull you back in time to an event that occurred when the song was playing. Some people don't want to quit smoking because there is a soul tie to smoking when they were younger that represented independence or a fun time with friends. There are many different types of soul ties. A person coming out of the military suffering from post traumatic stress disorder has soul ties to the events in war; the fear, the smells and the traumas.

In the past to break a soul ties was simply renouncing the tie, breaking it and commanding your parts to come back to you and releasing the other person's parts back to them.

That was just the start. There is another faucet to this the Lord revealed to me. There is also a portal that needs to be shut.

Have you ever ended a relationship with a person but you can still feel them in your mind? That's when you need to shut the portal.

It is a point of access or a doorway into your soul. These portals if left open are places where controls or demands are placed upon your life.

For example; certain people will make demands of you. You know what they are asking you to do isn't quite right. You don't want to do it but they are able to manipulate you into it. You feel used every time you yield to them. How do you stop it? Break the soul ties to that person and that particular behavior and shut the demonic portal opened to them.

This process could take a while as the Lord begins to highlight relationships, events, things that you may have attachments to.

If you cannot let something go there is a soul tie attached to it. It doesn't matter what it is. If something breaks and you can't get over it...yes, it's a soul tie.

If you have lost a loved one to death, have grieved the natural grieving process and yet are not able to move forward with your life break the soul tie with that person.

Breaking the soul tie will not eliminate the good memories, it will simply allow you to move forward in your life.

Breaking soul ties is one of the many steps in deliverance.

Psa 6:3 My soul is also sore vexed: but thou, O LORD, how long?

Psa 6:4 Return, O LORD, deliver my soul: oh save me for thy mercies' sake.

Do a word search in the Bible on the word “soul” there is so much pertaining to all that God wants to do for us.

Pray this prayer for breaking soul ties.

Father in the name of Jesus I break every ungodly soul tie with (name person, place, event, thing). I command my parts back to me and I send () parts back to them. I shut the demonic portal linking them to me in Jesus name.

Obviously things don't have parts to send back but they do have holds over us so we must break their hold over our minds. This includes movies, television programs, music or teachings that are ungodly.

Lord I repent for allowing these things (name them) to have access to my mind. I break agreements with them and their hold over my mind and my life in Jesus name.

Removing the Markers

Gen_35:14 And Jacob set up a pillar in the place where he talked with him, even a pillar of stone

Jos 24:27 And Joshua said unto all the people, Behold, this stone shall be a witness unto us

What is a marker and why do we need to remove it? In the Old testament a “stone” or marker was placed at a location as a testimony to an event. An accompanying altar was made and some type of offering to the Lord was given. These are examples of when God did something for His people and they wanted to record it or make a testimony to the event.

As with many things, Satan has made copies or imitations of God's order of things. In God's sequence there was an event, a priest or son of God, an altar, a declaration and a release of a blessing or covenant with the Lord. So it is with negative events that happen in our life. There is a demonic “stone” or marker marking the event, a demonic priest making an evocation over a demonic altar and a release of a curse or demons into peoples lives.

The Lord revealed this series of events to me as I was praying for someone's family that seemed to have a significant event which led to the entrance of a curse.

First I saw what was like a time-line for the family. Then He showed me something that looked like a railroad tie placed into the ground marking an event. Recorded on the top of the marker were the date, time and incident. He told me to pull it out and command it to be consumed by the fire of

God. Then He revealed to me that there was a demonic priest that needed to be destroyed by fire, as well as, a demonic altar. So I commanded them to be destroyed by fire in the name of Jesus. After which he revealed to me that the demonic priest had released demons into the lives of the people at the time of the event. He told me to summon all the demons that were released during this time back to the event in Jesus name. They came. Lots of them. In all the times I have done this I've never seen just one. I commanded them bound in the name of Jesus. I declared their assignment was over and they have failed. I commanded them to return to sender (which we know is Satan) for judgment. Satan himself will destroy them for failing. Then the Lord had me shut the portal to the event.

Next the Lord had me send the blood of Jesus from that point through to the present to cleanse, purge, deliver, heal, redeem, and restore.

Why do this? When a person is stuck in their present to the events of their past they cannot move forward. The event would have them spiritually pinned. Imagine nailing down your pant leg and trying to walk forward. It's not possible unless you tear your clothes. It's the same thing in the spirit realm.

Now see this. Imagine three people. One standing in the middle. One in the front facing the person and one behind them facing their back. See the person in front holding hands with the person behind. The person is trapped in the middle. If you remove the person in front without removing the person from behind, the person in back can grab the one in the middle.

For many years we have just been removing the demons from the front. When we remove them from behind first the demons in the present lose their grip and the person can fight them face to face.

Additionally, in every case that I have encountered, the demons weren't expecting this tactic. They had no defense to stay. They were summoned back in the name of Jesus they had to obey.

These events are how family curses are established. The demons released at those times continue from one generations to the next strengthening themselves and adding more and more to them.

When there have be traumatic events in our life that we cannot seemed to move forward from we must remove the marker that denotes the event from out of the spiritual time-line.

Here's one more picture for you. Have you ever been on a walking trail that is at some historic event site? What usually is there? You guessed it, a marker to the event. It tells when and what happened.

*Mar_3:27 No man can enter into a strong man's house, and spoil his goods, except he will first bind the strong man; and then he will spoil (**seize, plunder, take back control**) his house.*

This can be done along with breaking soul-ties and removing heart wounds. Ultimately we want to be made whole. Once you have the tools you need you can use them as the Holy Spirit leads.

1. Pull out the marker to the event. Command it to be destroyed by fire in Jesus name.
2. Command the demonic priest and the demonic altar to be destroyed by fire.
3. Cancel and destroy the demonic voice.
4. Summon all demons released during the event back to the event portal.
5. Bind them. Declare their assignment is over. Tell them they have fail and to return to sender for judgment.
6. Now shut the portal in Jesus name.
7. Lastly, send the Blood of Jesus from the point of the event through to present to cleanse, purge, deliver, heal, redeem and restore in Jesus name.
8. Command any demons in the present that were holding onto you because of the demons from the past to be bound and to “Go” in Jesus name.

Twisted Gut

There are different ways that circumstances can affect each one of us. For one a specific circumstance may barely bother us at all. For another, the same type of circumstance can be devastating. It is about how each of us deal with life and it's circumstances. For many people these trials effect our gut.

What is the gut? The gut in biblical terms represented everything in the stomach cavity, intestines, stomach, gallbladder, liver, heart and womb – the bowels.

Hebrew word :mê'eh (*may-aw'*) From an unused root probably meaning to *be soft*; used only in plural the *intestines*, or (collectively) the *abdomen*, figuratively *sympathy*; by implication a *vest*; by extension the *stomach*, the *uterus* (or of men, the seat of generation), the *heart* (figuratively): - belly, bowels, X heart, womb. *Strong's Concordance*

2Ch 21:15 *And thou shalt have great sickness by disease of thy bowels, until thy bowels fall out by reason of the sickness day by day.*

Why explain this? Many people today suffer in their bodies. In there gut specifically; due to various traumas, agonies, anguish and vexation. While praying for someone who had endured a very “life-changing” agony. The Lord revealed to me the state of his “spiritual gut”. I had been bringing this individual through a series of healings and deliverances. He had progressed to a certain point and

seemed to be stuck in his spiritual walk. The Lord opened up my vision to see the state of his gut. When I did it was twisted and wrapped up in knots. The Lord showed me how to “un-knot” his gut. It was as though a kink was in his spiritual out flow and he could not release the toxins in his system. The same would happen in the natural if your body cannot expel waste. You would become sick. The interesting thing about this insight is that as with many other things, as in the spirit so in the natural.

Intercessors can often have these spiritual knots that can literally effect their natural gut. Our intestines can be twisted and cause hernias, and toxic conditions in our bodies.

Additionally, other tragic events can also add to twisting our gut. Have you ever heard of the saying “my stomach feels tied up in knots”?

Nerves, stress, work, divorce, loss, accidents, fear, loss of control...you name it. There are many things that can cause this “twisting” to occur.

As with anything I teach I want you to know that the solution for it is in the Bible.

God gave me the revelation supernaturally but I have a responsibility to confirm it with the word.

I've added some of the words this twisting is described as in the scripture. It has been know as anguish, vexation and agony. I have included the word in it's original form, Greek or Hebrew and the Strong's Concordance definition of the word. I am putting into your hands tools that will help you be set free and in turn set others free.

Anguish

chûl **chîyl** *khood, kheel* A primitive root; properly to *twist* or *whirl* (in a circular or spiral manner), that is, (specifically) to *dance*, to *writhe* in pain (especially of parturition) or fear; figuratively to *wait*, to *pervert*: - bear, (make to) bring forth, (make to) calve, dance, drive away, fall grievously (with pain), fear, form, great, grieve, (be) grievous, hope, look, make, be in pain, be much (sore) pained, rest, shake, shapen, (be) sorrow (-ful), stay, tarry, travail (with pain), tremble, trust, wait carefully (patiently), be wounded.

Vexed

châlâh *khaw-law'* A primitive root (compare [H2342](#), [H2490](#)); properly to *be rubbed* or *worn*; hence (figuratively) to *be weak*, *sick*, *afflicted*; or (causatively) to *grieve*, *make sick*; also to *stroke* (in flattering), *entreat*: - beseech, (be) diseased, (put to) grief, be grieved, (be) grievous, infirmity, intreat, lay to, put to pain, X pray, make prayer, be (fall, make) sick, sore, be sorry, make suit (X supplication), woman in travail, be (become) weak, be wounded.

tsârâr *tsaw-rar'* A primitive root; to *cramp*, literally or figuratively, transitively or intransitively: - adversary, (be in) afflict (-ion), besiege, bind (up), (be in, bring) distress, enemy, narrower, oppress, pangs, shut up, be in a strait (trouble), vex.

βάσανος *basanos* *bas'-an-os* Perhaps remotely from the same as [G939](#) (through the notion of *going to the bottom*); a *touch stone*, that is, (by analogy) *torture*: -

torment.

Agony

ἀγωνία *agōnia* *ag-o-nee'-ah* From [G73](#); a struggle (properly the state), that is, (figuratively) *anguish*: - agony.

Additionally, here are some scriptures that describe some of the different ways these “twistings” can occur. There are many more examples in scripture for this. My point in sharing these examples is mainly to bring you to a point of “Ah-ha”. This explains a lot of what “I” or “so-so” have been through.

Deu 2:25 This day will I begin to put the dread of thee and the fear of thee upon the nations that are under the whole heaven, who shall hear report of thee, and shall tremble, and be in **anguish** because of thee.

Luk 22:44 And being in an **agony** he prayed more earnestly: and his sweat was as it were great drops of blood falling down to the ground.

Neh 9:27 Therefore thou deliveredst them into the hand of their enemies, who **vexed** them: and in the time of their trouble, when they cried unto thee, thou heardest them from heaven; and according to thy manifold mercies thou gavest them saviours, who saved them out of the hand of their enemies.

2Pe 2:7 And delivered just Lot, vexed with the filthy conversation of the wicked:

2Pe 2:8 (For that righteous man dwelling among them,

*in seeing and hearing, **vexed** his righteous soul from day to day with their unlawful deeds;)*

In this book “Heal the Broken Hearted” we have been looking at ourselves; Our heart condition and ways to be unlocked, set free and healed. We've dealt with our heart questions and motives, breaking of soul ties and closing demonic portals, removal of spiritual markers and now we will deal with untwisting of the spiritual gut.

As with any of the other tools, using it will not hurt anything if nothing is there. However, I have never found that to be the case with the people I have encountered.

Leaders, if you will apply these tools to yourselves you will find deliverance from things that you could not go to your peers for help from for fear of being judged or misunderstood. I have worked with leaders that the devil was condemning from things in their past that they've repented of but had to continually suppress or fight to stay free of. When something is gone...it's gone. You don't have to fight it anymore. We cannot carry this baggage into the next move of God. Now is the time God has made for YOU to be set free.

Imagine a rope all tied in knots or how a snake knots up upon itself. We are going to un-knot your gut. The Holy Spirit knows exactly how to lubricate those knots with His oil. He knows which way to pull and which way to push until those knots are loose and the spiritual “constipation” can be flushed out of your system.

PRAYER:

(Place your hands on your belly)

Father God, I thank you that you are my healer and my deliverer. In the name of Jesus I speak to my gut and I command for it to be loosed and every knot to be undone. (Wait a moment.) Again, Every knot be loosed Now in Jesus name!

I command all spiritual toxins that have been backed up in my system to be flushed out by the blood of Jesus!

I command all spiritual hernias and ruptures to be healed in the name of Jesus.

I the name of Jesus I shut every door of vexation, agony, anguish and circumstance that was causing my gut to twist. I seal it shut with the Blood of Jesus and declare they will not be opened again.

**I command my spiritual and physical
intestines to be made whole and to work as
God created them to. In Jesus mighty
name!**

God's Process

So now you can see the sequence. Preach the gospel. Heal the broken heart. People get set free. Now they can receive healing in their bodies for physical problems, because the wound is no longer blocking it.

This process of healing can continue for a season in an individual's life. The length of the season is determined by God and our willingness to press into Him. As we take time to go before the Lord, He will show us things. We can go through this process alone with God. Other times God send His servants to help.

In my situation, I had walls in my heart that had to come down; rooms that had to be opened up to the Lord. Even though I am a public speaker, I had to always be speaking. Everyone always had to hear what I had to say. It wasn't until the Lord began to show me this little girl, all curled up in the corner of a room. Jesus came to that little girl and called her. As she got up and went to Him, she was clothed in a beautiful blue dress. Jesus said, "Cherie, I want to hear what you have to say."

Now that Jesus healed that part of my life I'm also now able to listen and help heal others. Jesus always wants to hear what we have to say.

Becoming Whole

Do you have wounds in your heart? Ask the Lord to show you what He sees when He looks at your heart. See it. Let the Holy Spirit tell you what to do. Give it to Jesus. If you believe you need help. Ask the Lord to send you across the path of one of His servants who has hearing ears and who can walk with you through the process. It can take time, but it doesn't have to. The more time you spend before the Lord in His presence the sooner you will be made whole.

Do you find that you fly off in a rage over the littlest thing? Or, do you do just the opposite, go completely inside yourself? Do you need substances to help you to deal with issue? Only Jesus can help. Most of the time these are directly related to emotional wounds

For too long the body of Christ has been a big open wound. Our leadership has had wounds. The messages they preach and the lives they lead are filtered by those wounds. It's time for us as the body of Christ to be pure conduit vessels that the Lord can flow through without mixture. Only when are willing to place our hearts in the hands of the Lord, will healing be able to take place.

Mat14:36 "And besought him that they might only touch the hem of his garment: and as many as touched were made perfectly whole."

Let us pursue the Lord, seek after Him; that we may touch the hem of His garment and be made whole.

Conclusion

I want to encourage you today to seek the face of Jesus. Ask Him to show you what is in your heart. He has come to heal the broken hearted. All the therapy in the world can't do what Jesus can do. Be real with yourself. Press into God. You will not have to re-live your pain. Jesus will come and take it from you.

I pray that the sweet presence of the Holy Spirit overshadows you; that the hand of the Lord, would surgically remove from your heart all the wounds that have kept you captive. In Jesus', Mighty name. Amen.

Joh 8:36 If the Son therefore shall make you free, ye shall be free indeed.

BOOKS BY CHERIE SHERIDAN

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"Cherie's Story – New Age Comes to an End"

"Growing in the Kingdom of God –
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On Track Restoration Project

331 Cobblestone Lane
Ferguson, NC 28624